



## Case Management Services

### Program Overview

**The Landing Place** is the comprehensive youth program of the Knox County Homeless Coalition. We work to promote stability in the lives of at-risk youth in Midcoast Maine in an effort to end youth homelessness and to foster engagement and safety in the community. Our services extend to areas in Regional School Units 13 and 40 and the FiveTown Community School District. Our experienced, compassionate case managers, trained in trauma-informed practices, work intensively with high-risk individuals between the ages of 16 and 24 to determine and prioritize needs, identify personal goals, develop plans of care, and create attainable action plans.

### Qualifying Factors

In order to qualify for our case management, youth must be unaccompanied minors or experiencing unstable housing. For individuals under 24, unstable housing may mean homelessness, couch surfing, staying with extended family, living in dwellings unsuitable for habitation, or being unable to access basic needs such as heat or utilities.

### What We Do

Our case managers are committed to helping youth and young adults build skills and connections for safe and sustainable living. Clients work with their case manager to connect with resources, manage tasks, and achieve goals. Things we can help advocate for and connect youth with include:

- Establishing insurance coverage
- Finding healthcare and mental health services
- Transportation access and education
- Nutritional support and food security
- Education support and enrichment
- Finding employment training and professional development
- Housing resources
- Family mediation
- Tangible goods such as groceries, clothing, hygiene supplies, household goods, enrichment supplies
- Connecting to social offerings and establishing supports
- Financial wellness services (such as budgeting, setting up bank accounts, getting scholarships, etc.)
- Overall emergency assistance and guidance

**If you or a youth you know could benefit from our case management services, please reach out to The Landing Place at [info@thelandingplaceme.org](mailto:info@thelandingplaceme.org) or (207)466-9285 for more information.**